YWCA TORONTO
GIRLS’ CENTRE
FOR GIRLS
ABOUT GIRLS
BY GIRLS

**OCTOBER 2018 - JUNE 2019 PROGRAMMING**

**INDIVIDUAL SUPPORT** (ages 14-18)
Mondays | 1:30–6:30pm

**DROP-IN** (ages 9-18)
Thursdays | 4:30–6:30pm

**GIRLS’ COUNCIL** (ages 14-18)
Fridays | 4:30–6:30pm

**GIRLS’ TALK** (ages 9-13)
Tuesdays or Wednesdays | 4:00–6:00pm

**GIRLS’ TALK MENTORSHIP** (ages 14-18)
Mondays | 4:00–6:00pm

Please see reverse for programming details.

*Programs have limited space.* For more information or to register, call Girls’ Centre Staff at **416.266.1232**.
INDIVIDUAL SUPPORT
The individual support program provides one-on-one support to young women aged 14-18 assisting with goal development, increasing connection to community resources and support, and strengthening girls’ capacity to manage stress in their lives, through a solution focused, strengths-based approach.

DROP-IN
For girls ages 9-18. A safe space for you to chill, meet new friends, watch movies, check your email and enjoy some snacks.

GIRLS’ COUNCIL
A group of dedicated young women wanting to develop leadership skills participate in civic engagement and be involved in girls’ programming. You will earn volunteer hours and gain experience for your résumé.

GIRLS’ TALK
An 18-week mentorship program providing girls (ages 9-13) with opportunities to be creative, have fun, and connect with other girls!

GIRLS’ TALK MENTORSHIP PROJECT
If you are a young woman who wants to be a positive role model for younger girls then this mentorship program is for you. You will acquire high school volunteer hours and gain leadership skills.