



YWCA JUMP is an exciting program for newcomer women and girls over the age of 13, who are permanent residents, convention refugees or live-in caregivers with temporary work permits. *(Must provide documentation of record of landing.)* We provide employment and settlement support services and Girls' programming during school breaks.

3090 Kingston Road, Suite 205 | Scarborough, ON M1M 1P2 | 416.266.0303
Monday-Friday, 9am-5pm

September 2020

Due to COVID-19 our September webinars will continue to be delivered remotely. In-person support will be provided, by appointment only.

How can we help you?

***INDIVIDUAL APPOINTMENTS**
One-on-one
Phone/email/online

Appointments can be made at any time with your counsellor, and may include:

- Settlement Support and Referrals
- Employment Counselling such as: resume critique, interview preparation, and online job search support

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|---|
| | 1 *INDIVIDUAL APPOINTMENTS One-on-one Phone/email/online | 2 *INDIVIDUAL APPOINTMENTS One-on-one Phone/email/online | 3 Virtual Yoga Class Noon – 12:30p.m. | 4 *INDIVIDUAL APPOINTMENTS One-on-one Phone/email/online |
| 7 Office Closed (Labour Day) | 8 *INDIVIDUAL APPOINTMENTS One-on-one Phone/email/online | 9 Networking from a Newcomer Woman's Perspective 2:30 – 4p.m. | 10 Toronto Public Health: COVID-19 Updates and Community Resources 10 – 11:30a.m. Customer Service Training 1:30 – 3:30p.m. | 11 Where are the Jobs? 11a.m. – noon Click here to Register Basic Cashier Training 1:30 – 3:30p.m. |
| 14 *INDIVIDUAL APPOINTMENTS One-on-one Phone/email/online | 15 *INDIVIDUAL APPOINTMENTS One-on-one Phone/email/online | 16 *INDIVIDUAL APPOINTMENTS One-on-one Phone/email/online | 17 Virtual Meditation Class Noon – 12:30p.m. | 18 Sherbourne Health: Understanding Healthcare in Ontario 10a.m. – noon |
| 21 *INDIVIDUAL APPOINTMENTS One-on-one Phone/email/online | 22 Know Your Housing Rights 11a.m. – noon. Click here to Register | 23 Public Speaking Information & Registration Session 10 – 11a.m. | 24 *INDIVIDUAL APPOINTMENTS One-on-one Phone/email/online | 25 Family Movie Night 7 – 9p.m. |
| 28 *INDIVIDUAL APPOINTMENTS One-on-one Phone/email/online | 29 *INDIVIDUAL APPOINTMENTS One-on-one Phone/email/online | 30 *INDIVIDUAL APPOINTMENTS One-on-one Phone/email/online | Contact us! To register, book an appointment or for more information, please contact us any time at 416.266.0303, or at JUMPScarborough@ywcatoronto.org . | |

ywcatoronto.org



Call today to register!
416.266.0303



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