



**YWCA JUMP** is an exciting program for newcomer women, girls and gender-diverse people over the age of 13, who are permanent residents, convention refugees or live-in caregivers with temporary work permits. *(Must provide documentation of record of landing.)* We provide employment and settlement support services and Girls' programming during school breaks.

3090 Kingston Road, Suite 205 | Scarborough, ON M1M 1P2 | Monday-Friday, 9a.m.-5p.m.

416.266.0303 | [ywca-toronto.org/jump](http://ywca-toronto.org/jump) |     

## November 2020

Due to the recent increase in COVID-19 cases, our November events and individual appointments will be provided remotely.

### [How can we help you?](#)

#### \*INDIVIDUAL APPOINTMENTS

One-on-one

Phone/email/online

Appointments can be made at any time with your counsellor, and may include:

- Settlement Support and Referrals
- Employment Counselling such as: resume critique, interview preparation, and online job search support

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <div style="border: 1px solid green; border-radius: 10px; padding: 5px;"> <p>Green Text = JUMP Scarborough Webinars</p> <p>Pink Text = JUMP Etobicoke Webinars</p> </div>	3 CPR Information and Registration Session 10 – 11a.m.	4 POA Information and Registration Session 10 – 11a.m. Virtual Cashier Training 10a.m. – noon <a href="#">Click here to register</a>	5 Food Handling Information and Registration Session 10 – 11a.m.	6 New Programs for Newcomer Women 11a.m. – noon <a href="#">Click here to register</a>
9	10	11	12	13
<div style="background-color: #ffffcc; padding: 10px;">           Professional Office Administration Training (for registered clients only)            9:30a.m. – noon         </div>				
16 Meet-up Monday 10 – 11a.m.	17 *INDIVIDUAL SUPPORT (By appointment only)	18 Information Session: ODSP/OW and Extra Benefits 10a.m. – 1p.m.	19 *INDIVIDUAL SUPPORT (By appointment only)	20 *INDIVIDUAL SUPPORT (By appointment only)
23 *INDIVIDUAL SUPPORT (By appointment only)	24 Mindful Meditation Series (Day 1) 11a.m. – noon Virtual Meditation Class Noon – 12:30p.m.	25 CPR Training (for registered clients only) 10a.m. – 1p.m. UHN Information Session 10a.m. – noon <a href="#">Click here to register</a>	26 Food Handling Review (for registered clients only) 10a.m. – 1p.m. Where are the Jobs? 11a.m. – noon <a href="#">Click here to register</a>	27 Mindful Meditation Series (Day 2) 11a.m. – noon
30 Future Ready (Day 1) 9:30a.m. – noon Meet-up Monday 1 – 2p.m.	<b>Contact us!</b> To register, book an appointment or for more information, please contact us any time at 416.266.0303, or at <a href="mailto:JUMPScarborough@ywca-toronto.org">JUMPScarborough@ywca-toronto.org</a> .			

**CALL TODAY TO REGISTER!**  
416.266.0303



NATIONAL ADVOCACY COMMUNITY ACTION.



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