








YWCA JUMP is an exciting program for newcomer women, girls and gender-diverse people over the age of 13, who are permanent residents, convention refugees or live-in caregivers with temporary work permits. *(Must provide documentation of record of landing.)* We provide Girls' programming during school breaks (December, March and Summer breaks).

222 Dixon Road, Suite 207 | Etobicoke, ON M9P 3S5
 416.964.3883 | ywca-toronto.org/jump |     

October 2022

FREE UPCOMING EVENTS

To register for:

Events/Webinars:

Please click the link under the webinar to register.

POS Cash Register Training will be held at 222 Dixon Road, St. 207

Individual Support:

Please [Click here](#) to make an individual appointment

- Settlement Support and Referrals.
- Employment Counselling; resume critique, interview preparation, and online job search support.

JUMP Etobicoke are offering services under a hybrid format.

In person, individual appointments can be requested.

YWCA Toronto COVID policy is in place and includes proof of full vaccination, social distancing and screening questions for onsite access.

Contact us:

647.354.2618 or 416.964.3883 or jumpetobicoke@ywca-toronto.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Christopher Leadership Public Speaking Info session 10-11:30a.m. Click here</p>	<p>4</p> <p>POS Cash Register Training 10a.m.-noon Onsite Click here</p>	<p>5</p>	<p>6</p> <p>Grateful Heart, Powerful Mind Part 1 10:30a.m.-noon Click here</p>	<p>7</p> <p>Grateful Heart, Powerful Mind Part 2 10:30a.m.-noon</p>
<p>10</p> <p>Thanksgiving Day Closed</p>	<p>11</p>	<p>12</p> <p>CPR/First Aid Info Session 10a.m.-noon Click here</p>	<p>13</p> <p>The Canadian Justice System Webinar Series Part 3 Interacting with Crime 10:30a.m.-noon Click here</p>	<p>14</p> <p>Christopher Leadership Public Speaking 10a.m.-1p.m.</p>
<p>17</p> <p>Individual Support Click here for a virtual or in person appointment call 416 964 3883</p>	<p>18</p> <p>Sitel Group Virtual Information and Pre-screening Session 1:30pm – 4:00pm Click here</p>	<p>19</p> <p>What do Community Health Centre's do? With Rexdale Community Health Centre 1-2:30p.m. Click here</p>	<p>20</p>	<p>21</p> <p>Christopher Leadership Public Speaking 10a.m.-1p.m. Food Handling Training Review Session Pre-registered clients 1:30-3:30p.m.</p>
<p>24</p> <p>Food Handling Training Exams By appointment</p>	<p>25</p> <p>POS Cash Register Training 10a.m.-noon (closed session)</p>	<p>26</p> <p>Melor Childcare Virtual Hiring Event 1:30 – 4: 00p.m. Click here</p>	<p>27</p> <p>Career Cruising 9:30a .m.-12:30p.m. Click here Food Handling Training Info Session Itinerant</p>	<p>28</p> <p>Christopher Leadership Public Speaking 10a.m.-1p.m.</p>
<p>31</p> <p>Individual Support Click here for a virtual or in person appointment call 416 964 3883</p>			<p>Crisis or emergency situations needs no appointment. Please call us at 647.354.2618</p>	

CALL TODAY TO REGISTER!
416.964.3883



NATIONAL ADVOCACY COMMUNITY ACTION.



Funded by:



Immigration, Refugees and Citizenship Canada

Financé par :

Immigration, Réfugiés et Citoyenneté Canada

Workshop & Information Session Descriptions

October 3, 2022 10-11:30a.m. Christopher Leadership Public Speaking Info Session (Actual program will run 10 weeks, every Friday, October 14 to December 16)

The Christopher Leadership Course of Canada provides a welcoming and supportive environment where you will build strong leadership skills and learn to overcome your fear of standing up in front of a group to speak. The course is a powerful asset and confidence-builder for anyone, but especially tailored for people in transition, whether that be from school into the workforce, from another country into Canada, or from one career to another. **To be accepted to the training you must attend this information and registration session.**

October 4, 2022 10a.m.-noon (In person) Point of Sale Cash Register Training (Maximum 8 onsite at 222 Dixon Road suite 207)

Learn the most up-to-date POS Cash Register system using the latest technology and improve your employability in grocery and retail.

VERY IMPORTANT: This series is offered in person. TTC tokens are provided for those using public transportation. YWCA COVID policy is in place, including, proof of full vaccination and screening questions. Limit of 10 participants. Must attend to earn the Certificate

October 6 & 7 10:30a.m.-noon Grateful Heart, Powerful Mind (Part 1 & 2)

JUMP Etobicoke is collaborating with Laura Gutierrez, CNP Holistic Nutritionist, to offer you this interactive two-part webinar series.

You will learn a variety of practical tools to help you develop and continue to nurture a sense of joy, compassion, and inner calm. Gain autonomy and independence to continue applying these techniques individually as you build Emotional Intelligence to help you develop Conflict Resolution skills. *Attendance to both sessions is required to earn a Certificate of Participation. *A *LINC level 5 or higher is necessary to participate.* **Session 1: Practicing Gratitude Session 2: Emotional Intelligence and Conflict Resolution**

October 12, 2022 10a.m.-noon CPR/First Aid Info Session

This program is for newcomer women interested in completing the 2-day Standard First Aid & CPR-Level C with AED. During this information session, we will review the details of the blended delivery of the training.

October 14, 2022 10:30a.m.-noon The Canadian Justice System Series – Part 3 Unit Three: Interacting with Crime

The Canadian justice system is unique and may be complex to navigate for newcomers. Two official languages (English and French) and two legal traditions (common law and civil law) co-exist providing Canadians with a framework of rights, freedoms and duties as members of society. Part 3 will include the following: Steps to take if you are a victim of a crime, why you should report crimes, your role as a victim, witness, accused, and citizen, resources for legal assistance.

October 18, 2022 1:30-4p.m. Sitel Group Virtual Information and Pre-screening Session

Are you ready to start your career in the contact center world? Their training program will prepare you for success. Their classroom and on-the-job training, paired with on-going refresher courses and one-on-one coaching will give you the opportunity, to improve your performance. Now, hiring several customer service representatives to work from home. By attending this event, you are guaranteed an interview on the spot!! Please email your resume to Grace at gsurujbally@ywcautoronto.org prior to October 5, 2022

October 19, 2022 1-2:30p.m. Rexdale Community Health Centre – What do Community Health Centres Do?

We are pleased to welcome our guest presenter from Rexdale Community Health Centre to discuss what they offer and how to access services, eligibility and more.

October 26, 2022 1:30- 4p.m. Melor Childcare Virtual Hiring Event

Do you want to work for a company that take great pride in providing an elite service to their clients, while encouraging and supporting their Educators to maximize their potential in the classroom? They currently employ childcare professionals who continue to excel in their field and serve over 200 childcare centers across Toronto and the GTA. They are hiring Certified ECE and ECA staff. Attend this event to be interviewed on the spot. Please email your resume to Grace at gsurujbally@ywcautoronto.org prior to October 10, 2022

October 27, 2022 9:30a.m.-12:30p.m. Career Cruising Online

If you are looking for work, pursuing a career change or considering training opportunities, Career Cruising will provide you with valuable information to help you achieve your goals. We will guide you through the process. Also, find out about accessing labour market information for job searches, as well as career and education purposes.