**FREE UPCOMING EVENTS**

**To register for:**

**Events/Webinars:**
Please click the link under the webinar to register.

**Individual Support:**
Please Click here to make an individual appointment
- Settlement Support and Referrals.
- Employment Counselling; resume critique, interview preparation, and online job search support.

**JUMP Etobicoke are offering services under a hybrid format. In person, individual appointments can be requested.**

**YWCA Toronto COVID policy is in place and includes proof of full vaccination, social distancing and screening questions for onsite access.**

**Contact us:**
416.964.3883 jumpetobicoke@ywcatoronto.org

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<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td>October 31</td>
<td>Retail Certificate Training Hybird Rexdale Women’s Centre (Part 1) Closed Session 10a.m.-noon</td>
<td>Treaties with Indigenous Land 10am.-noon Click here Retail Certificate Training (Part 2) In person Closed Session 9:30-2:30pm</td>
<td>Individual Support Click here for a virtual or in person appointment call 416 964 3883</td>
<td>Christopher Leadership Public Speaking 10a.m.-1p.m.</td>
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<td>Food Handling Training Exams (itinerant)</td>
<td>Staff Max Staffing and Recruitment Agency Hiring &amp; Information Session 1:30-4p.m. Click here Cash Register Training Itinerant</td>
<td>The Canadian Justice System Webinar Series Youth &amp; Crime Part 4 10:30a.m.- noon Click here</td>
<td>Christopher Leadership Public Speaking 10a.m.-1p.m. Food Handling Training Review (Itinerant Acheve)</td>
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<td>Canadian Culture in the Workplace 10a.m.-noon Click here</td>
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<td>Christopher Leadership Public Speaking 10a.m.-1p.m.</td>
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<td>Virtual Assistant as a Career Option Info &amp; Registration Session 10-11a.m. Click here</td>
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<td>Food Handling Training Info Session 10a.m.-noon Click here</td>
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<td>Christopher Leadership Public Speaking 10a.m.-1p.m.</td>
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<td>Standard First Aid &amp; CPR-Level C/HCP (offsite, closed session)</td>
<td>You are what you Eat! (Part 1) 10:30a.m.-noon Click here</td>
<td>You are what you Eat! (Part 2) 10:30a.m.-noon</td>
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<td>Crisis or emergency situations needs no appointment. Please call us at 416 964 3883</td>
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**YWCA JUMP** is an exciting program for newcomer women, girls and gender-diverse people over the age of 13, who are permanent residents, convention refugees or live-in caregivers with temporary work permits. (Must provide documentation of record of landing.) We provide Girls’ programming during school breaks (December, March and Summer breaks).

222 Dixon Road, Suite 207 | Etobicoke, ON M9P 3S5
416.964.3883 | ywcatoronto.org/jump | [Social Media Icons]

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**Call Today to Register!**
416.964.3883

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**Funded by:**

- Immigration, Refugees and Citizenship Canada
- Immigration, Réfugiés et Citoyenneté Canada
Workshop & Information Session Descriptions

**October 31 & November 1, 2022 Retail Certificate Training (Hybrid) Closed session**

**November 1, 2022 10a.m. - noon Treaties with Indigenous Land**
Treaties Recognition Week 2022 is November 6-12. These events are the start of what we hope will be ongoing learning opportunities for newcomers about the importance of treaty rights and the relationships to the places and Indigenous Communities where we live and work. Treaties are legally binding agreements that set out the rights, responsibilities and relationships of First Nations and the federal and provincial governments and form the basis of the relationship between indigenous and non-indigenous people.
Join us in a sharing circle and learn about treaties, led by Traditional Helper, Mary-Anne Kecheego, from the Turtle Clan of the Oneida Nation.

**November 4, 11, 18, 25 10a.m.-1p.m.– Christopher Leadership Public Speaking (Continues from October 14- December 16th) Session is full**

**November 9, 2022 1:30-4p.m. Staff Max Staffing and Recruitment Agency**
YWCA JUMP is pleased to connect newcomer women job seekers to hiring opportunities within the GTA. Whether you are looking for a permanent career change or the flexibility and experience that can be gained from contract assignments, Staff Max can help. Roles hiring for includes • Administrative Assistant / Executive Assistant; • Reception / Data Entry • Accounting / Payables and Receivables • Warehouse Associates • Customer Service and more....
To be considered for a seat please email your resume to Grace at gsurujbally@ywcatoronto.org prior to November 1st, 2022.

**November 10, 2022 10:30am- noon The Canadian Justice System Series – Youth and Crime Part 4**
The Canadian justice system is unique and may be complex to navigate for newcomers. Two official languages (English and French) and two legal traditions (common law and civil law) co-exist providing Canadians with a framework of rights, freedoms and duties as members of society. Part 4 will include the following: You will learn about The Youth Criminal Justice Act, What to do if your child is involved in the system. Your rights as a child and parent. Preventative measures for youth.

**November 16, 2022 10a.m.-noon Canadian Culture in the Workplace**
Join us for this informative webinar where we will discuss factors that influence culture. Learn about the benefits of diversity in the workplace and the characteristics that Canadians value and how communication is impacted by culture.

**November 23, 2022 10-11a.m. Virtual Assistant as a Career Option (VACO) Info & Registration**
Virtual Assistants (or, VA) is a growing occupation in the digitalized, post-pandemic work environment and a career option for many newcomer women. Upon completion of this session, you will be able to apply for admission to the “Virtual Assistant Skill-Building Program” coming in January/February 2023.
Join this informative session and learn about this emerging career path and the opportunities it could offer you.
In this session you will learn about: Facts about Virtual Assistants, remuneration and types of work, skills & aptitudes required courses & skills training programs, Promotion & self-marketing.

**November 24, 2022 – 10a.m.-noon Food Handling Training Information and Registration Session**
JUMP Etobicoke is offering a free online Basic Food Handling training. The virtual option will offer you the benefit of studying at your own pace, provide you with a PIN to access the training, and write the certification exam.

**November 29 & 30, 10:30a.m.-noon You Are What you Eat - Learn how food can improve your mood and cognitive health**
During this program, you will learn a variety of practical tools to help you discover the importance of gastrointestinal health and nutrition for supporting cognition and mood.
Session 1: Improving Mood with Food. Session 2: Health Starts at the Gut *Have a LINC level 5 or higher. Register early, space is Limited.