

YWCA TORONTO





MESSAGE from the Board President & Chief Executive Officer

YWCA TORONTO creates hope and opportunity for women and girls.



Dr. Kristin Blakely-Kozman **BOARD PRESIDENT**



Heather M. McGregor CHIEF EXECUTIVE OFFICER

Facing challenges such as violence, poverty, poor health, minimal education and discrimination, women turn to the YWCA to help them achieve greater security, autonomy, prosperity and well-being. In 2009, we worked with more than 26,000 people who wanted to turn their lives around.

We all know that 2009 was a hard year marked by job loss and high unemployment. The impact was great and led to other more dangerous forms of insecurity for many women. We responded. We created:

- safety for 213 women and children in our shelters for women fleeing violence.
- opportunities for 20,271 people who participated in our employment and training programs.
- homes for 1,229 women and children with our permanent housing, transitional housing and shelter for homeless women.
- greater confidence in 2,044 girls who participated in our girls' programs.
- 3,384 healthier, happier families with a wide range of supports, workshops and courses, including our teen mothers program.

 a city and province that better responds to the needs of women with our advocacy initiatives in areas of family law, violence against women, childcare and poverty.

YWCA Toronto works with women from a widerange of backgrounds and from across the whole city. We are proud of our diverse, caring and highly skilled staff who demonstrate every day that with the right support and resources women can reach turning points that bring them greater security and well-being.

We know that women count on us. We take the job of managing the Association very seriously. This year, when most organizations lost money as a result of the financial crisis, YWCA Toronto's prudent financial management kept the Association in good financial stead.

With your help we are creating a city fit for all girls and women.

Thank you.

L. Thelphogna Health A. Nisseyr

OUR MISSION

YWCA Toronto is an association of diverse and caring women dedicated to improving the lives of women and girls through dynamic leadership, advocacy and a range of unique and essential services that promote personal growth and economic independence.

OUR VISION

Through a holistic and partnership approach, the YWCA will expand its programs and services to meet the more complex array of emergency and long-term community needs, significantly increase its financial resource base and be widely valued for its commitment to equity, access, safety and a just society and as a leader in advocacy and service to women and girls.

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Homeless and hopeless, Kerry and her daughter, Nina, arrived at YWCA Beatrice House. Here they found home and hope. Here they laid the foundation for a brighter future.

Beatrice House is an innovative program that provides women and children with an extraordinary support system – all under one roof. There is a highly enriched childcare program along with transitional housing and a wide range of support services families can access for up to two years.

The first year of Nina's life had been impacted by poverty and stress. But in the stable environment of the Early Childhood Development Centre, Nina flourished as she was stimulated and supported by a team of enthusiastic experts. "And I learned how to be a better parent," her mother, Kerry explains.

During the two years that Kerry was at Beatrice House, she received trauma counselling, attended parenting courses, gained life skills, upgraded her education and found paid work. By the time Kerry and Nina left Beatrice House their lives had been transformed.

WE CREATE ACCESS

Coming to Canada to build a new home is often as scary as it is exciting. If there are added challenges of poverty, racism or sexism, newcomer girls often find themselves disoriented and disenfranchised.

YWCA Toronto offers workshops, tutoring, counselling and special events that help these girls find jobs, enter post-secondary education and get involved in the life of the city.

In 2009, the friendships and camaraderie built in our supportive girlonly spaces, gave 403 newcomer girls confidence and the know-how to access and contribute to the city.





YWCA Toronto knows that the barriers many women face, such as poverty, abuse, discrimination and limited education, are significant. We also know they are not insurmountable.

In 2009, 20,271 people accessed one of our twelve employment programs across Toronto.

Our programs are effective because we customize our services to meet the needs of the individual women seeking our help. Many of the women who find employment support at the YWCA also link to or connect with other resources they need such as counselling and housing.



WE CREATE JOY

Jolie, 10, and Maria, 6, had had a horrible year. Jolie and her mother had been kidnapped by an abusive former spouse. The ordeal had left their mother hospitalized and the sisters in the care of the Children's Aid Society. Upon being released from hospital, the family had to relocate.

The girls were struggling and as their mom put it, "I just wanted the girls to have the opportunity to be kids again."

The subsidy the girls received to attend Camp Tapawingo gave them just that. With the caring staff and exciting activities, the girls thrived. "It made me so happy to give them a normal childhood experience," expressed their grateful mother.



Girls are eager to take on the world. They want to have a place in the world and influence the world. Our Girls' Council gives them skills and opportunities to develop and exercise leadership. Our Girls' Centre, the only one of its kind in Canada, provides the girl-only space girls want.

"We need a space without boys so we can be comfortable and know we won't get laughed at when we talk about things that are important to us," explains one girl. "Having a girl-only space allows for topics to surface that we wouldn't usually talk about."



WE CREATE HOMES

The YWCA Elm Centre will create affordable and supportive homes for 300 women and women-led families. Meeting the needs of low-income earners, women with mental health issues and Aboriginal families, the YWCA Elm Centre will feature attractive apartments, green roofs and a roof top garden, and play areas for children.

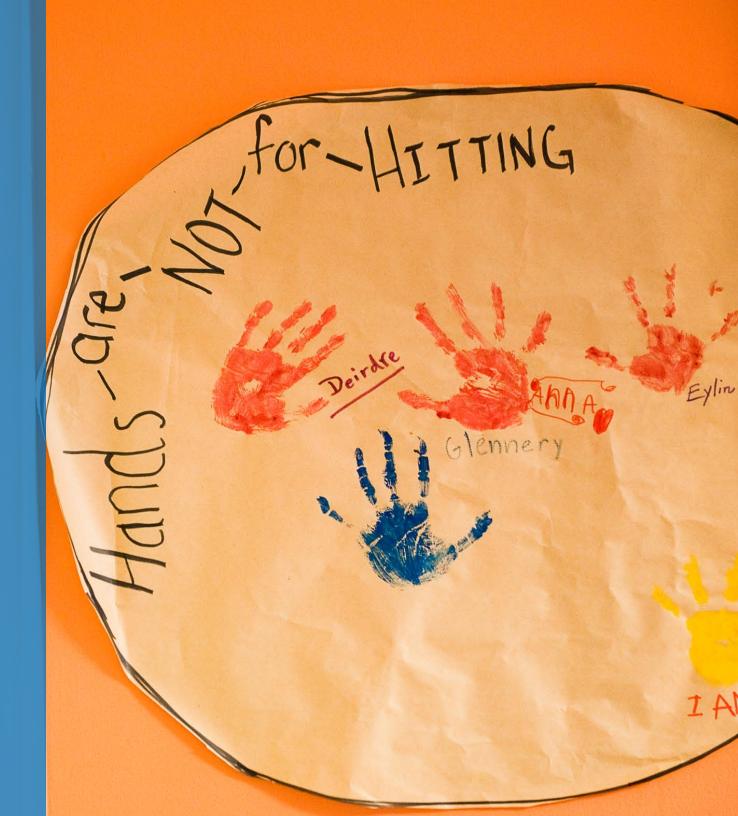
Home to YWCA's new administrative headquarters, Elm will be a hub for women and girls in Toronto with a 200-person auditorium, restaurant and spaces available for community use. Made possible by public investment and private philanthropy, the YWCA Elm Centre will open in 2011.

WE CREATE COURAGE

At only eight years of age, Robert had lost two family members to gun violence. He had also witnessed his father repeatedly abuse his mother.

Our Here to Help program helps mothers and children who have experienced or witnessed woman abuse heal and rebuild. Here to Help gave Robert the opportunity and tools to express his anger, rid himself of shame and create coping skills. The program also helped Robert and his mother strengthen their relationship.

Robert was one of 108 people who participated in our Here to Help program in 2009.



WE CREATE COMMITMENT

Philanthropy is an expression of love for others and an act of hope that the world can be changed for the better.

At the YWCA, charitable donations fund core programs and infrastructure, advocacy initiatives, service innovation and expansion, as well as special projects like the YWCA Elm Centre.

Gifts given today or planned to be realized in the future, ensure the YWCA remains strong and effective and gives voice to the values and commitment of our supporters.

In 2009, 2,149 donors from all corners of our city and walks of life helped the YWCA help others.



WE CREATE POSSIBILITIES

Twice Roxanna had left her abusive partner only to return because she couldn't find a way to pay the rent and feed her three children.

The third time Roxanna left, she and her children sought shelter at Arise, one of YWCA Toronto's shelters for abused women and their children.

With counselling and support, Roxanna and her children grew stronger. She was determined not to go back.

Roxanna was able to secure a part-time job and was ready to move on. However, she did not make enough to pay for first and last month's rent.

She applied to the YWCA December 6 Fund for a loan to help her cover the rent. The December 6 Fund provides interest-free loans to women fleeing violence.

Roxanna explains, "The December 6 Fund gave me the extra boost I needed to get things moving in the right direction and the referrals I received helped me furnish my apartment and get food for my family."

In 2009, 92 women and 127 children fleeing violence benefitted from loans.



YWCA donors help women and girls achieve equality, economic sustainability and lives free from violence.

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YWCA Toronto values each gift and every giver. Thanks for being generous.

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Caring about women and girls of tomorrow, these generous people have made their legacy by including the YWCA in their estate plans.

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STATEMENT OF FINANCIAL POSITION

Young Women's Christian Association of Greater Toronto | Incorporated under the laws of Ontario | As at December 31

	2009	2008
	\$	\$
ASSETS		
Current		
Cash and cash equivalents	616,762	1,183,204
Accounts receivable	2,831,379	1,464,844
Prepaid expenses and other assets	263,089	259,876
Total current assets	3,711,230	2,907,924
Long-term receivable	316,087	305,760
Investments	6,154,065	7,447,735
Capital assets, net	36,088,194	22,576,723
	46,269,576	33,238,142
LIABILITIES AND NET ASSETS		
Current		
Accounts payable and accrued liabilities	4,683,014	1,897,838
Deferred contributions	735,800	823,050
Current portion of mortgages payable	364,343	348,382
Current portion of loans payable	35,714	35,714
Total current liabilities	5,818,871	3,104,984
Mortgages payable	10,361,226	10,726,291
Capital replacement reserve	1,205,851	1,267,772
Loans payable	6,381,277	2,473,376
Deferred capital contributions	17,857,441	11,459,843
Total liabilities	41,624,666	29,032,266
Net assets		
Unrestricted		
Internally restricted	4,644,910	4,205,876
Total net assets	4,644,910	4,205,876
	46,269,576	33,238,142

STATEMENT OF OPERATIONS

Young Women's Christian Association of Greater Toronto | Incorporated under the laws of Ontario | Years ended December 31

	2009	2008
	\$	\$
REVENUE		
Government	17,239,088	16,370,391
Fundraising	2,257,054	2,238,486
Individuals	1,784,677	1,761,838
United Way of Greater Toronto	1,428,047	1,428,047
Investment income	123,836	48,517
Miscellaneous	151,134	154,936
	22,983,836	22,002,215
EXPENSES		
Salaries and employee benefits	13,625,124	12,623,059
Building occupancy	4,467,057	4,195,184
Other program costs	3,326,800	3,533,683
General and administration	1,033,757	1,213,224
Allocation to YWCA Canada	92,064	85,520
	22,544,802	21,650,670
Excess of revenue over expenses for the year	439,034	351,545

Auditors: Ernst & Young LLP A full set of Financial Statements is available upon request.

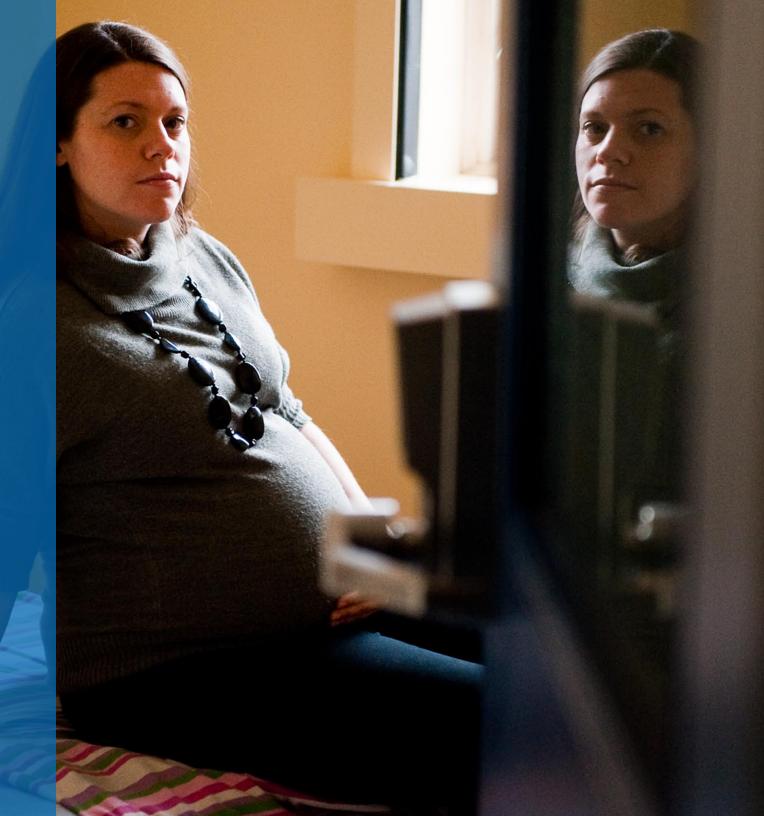
Charitable Business #108229865RROO01

Information filed under the Public Sector Salary Disclosure Act, 1996 is available on the Ministry of Finance website: http://www.fin.gov.on.ca.

WE CREATE HOME

In 2009 YWCA Toronto provided emergency shelter to 213 women and children experiencing violence, temporary shelter to 422 homeless women and transitional housing to 346 women and children.

We also provided permanent affordable and subsidized housing to 431 women and children.

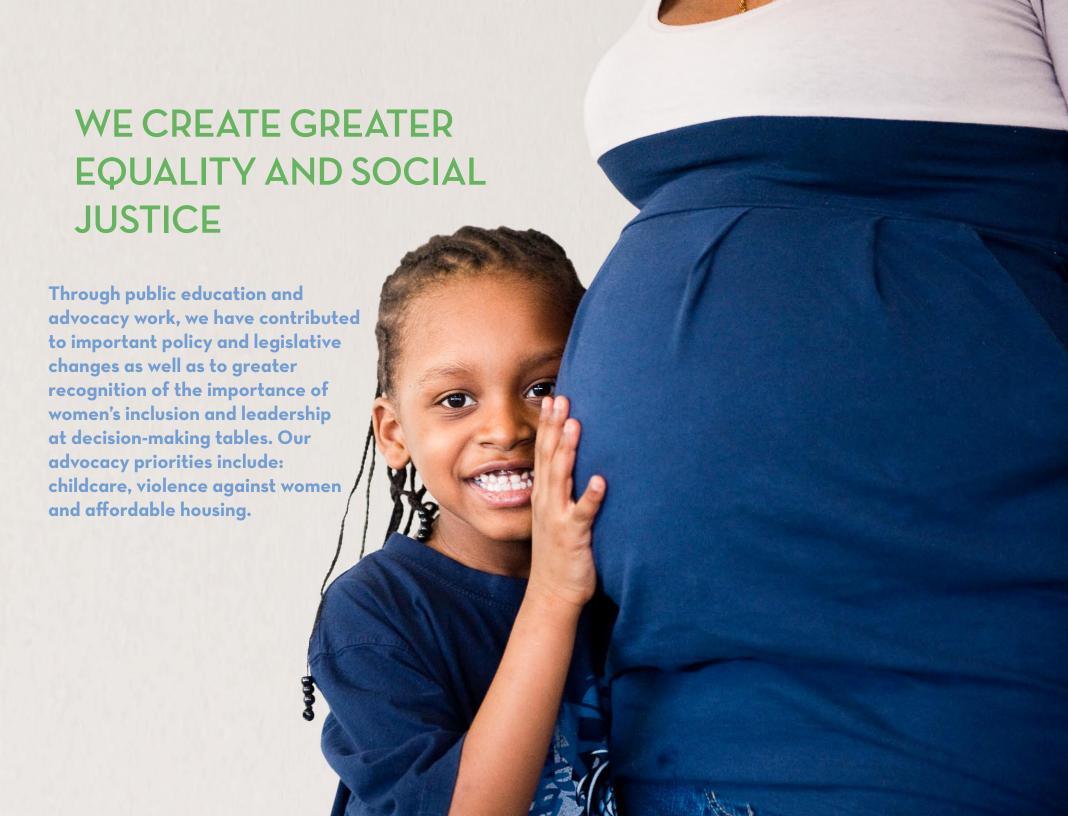




Many women arrive at YWCA Toronto with feelings of isolation and shame and suffering from a lack of confidence.

Discovering you are not alone, feeling the support of peers, building relationships of trust and finding the space and strength to take risks – these are just some of the immeasurable benefits that women find through working together in a group setting. Through decades of experience, YWCA Toronto has found that group work provides tremendous support and opportunity for growth. Group work is a critical element of much of our programming.

At the YWCA, women change each other and themselves, as they also change the world.



YWCA ELM CENTRE

Leaders Helping to Build Elm.



\$5,000,000+

The family of Ken Thomson and the family of Audrey Campbell in memory of Irma Brydson

\$1,000,000+

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\$100,000-\$999,999

Anonymous (2) Anonymous/United Way of Greater Toronto Dr. Kristin Blakely-Kozman **BMO** Financial Group Kiki Delanev Susan & Cecil Hawkins The Morrison Foundation Priscilla Prichard (Estate) The Rotary Club of Toronto Charitable Foundation **Ruby Capital Corporation** The Schad Foundation Kathleen M. Sloan (Estate) Social Justice Fund of Tides Canada Foundation Scotiabank The Sisters of St. Joseph of Toronto The Sprott Foundation

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This year, fair trade sales at YCWA Internatinal Boutique supported women's international development projects.

SPECIAL THANKS

KIM QUASHIE

For the design of this year's annual report.

CALLA EVANS

calla@callaevans.com for her photography throughout.

JENNIFER ROWSOM

jenniferrowsom@gmail.com for her cover image and photography throughout.

JO DWHYTIE

For her photography throughout.

We would also like to thank participants, staff and volunteers whose efforts contributed to this annual report.







www.ywcatoronto.org