

# LEAP

Helping women to Learn, Explore, Assess  
and Prepare for the world of work

**LEAP** offers a one-stop individually tailored program for your unique employment needs. With the support of LEAP's employment specialists, you will learn to seize opportunities that help you achieve your employment goals.

## Choose from

- Employment Assessment Module
- Work Readiness Module
- Employment Connections
- "Job Action Day" Recruiting Events
- Job Search / Employment Support Café

## We welcome all women

- Who are unemployed
- Who are living in Toronto
- Who are able and willing to participate in the labour market
- Who need career and job search guidance
- Who are legally entitled to work in Canada

Since 1991, more than 25,000 women have moved on to successful employment after completing LEAP.

*"Thank you for believing in me and getting me the perfect job solution."*  
- LEAP participant

**For more information or to book an appointment, please call us today at 416.269.0090. All programs are free of cost.**



**YWCA**  
TORONTO



**Canada**

LEAP is coordinated by YWCA Toronto and funded by the Government of Canada.  
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Every woman is unique, therefore, we have a variety of modules to choose from. All programs are flexible and offered at one location. Each module consists of a series of workshops and one-on-one employment counselling. Module outlines are listed below:

- **Employment Assessment Module** (up to 2 weeks): helps you to develop and focus on a realistic employment goal. Using recognized assessment tools, dynamic workshops and innovative, one-on-one employment counselling, our specialists will also help you to identify work options, next steps to employment and job linking opportunities.
- **Work Readiness Module** (up to 2 weeks): gives you the employability skills needed to find employment in today's world of work. Our informative workshops can include: marketing yourself, professional resume preparation, interview practice, portfolio preparation, "Dress for Success", as well as connections to employment opportunities. Individual employment counselling and referral to our job developers are also offered.
- **Employment Connections Module** (up to 2 weeks): Take your job search to the next level by participating in workshops, individualized job search coaching and events which focus on connecting you to employment. Discuss your unique job search issues with skilled job developers who will coach you through personalized job hunting strategies, review and enhance your resume, test your computer skills, and refer you to job opportunities or on-the-job learning situations. Participate in monthly recruiting events to connect with employers and employment agencies, and unique mentoring events to connect you with professionals in your field.
- **Job Search/Employment Support Café** (Tuesday - Friday): available to all LEAP participants for self directed job search drop-in from 10.00 am -1.00 pm and by appointment from 1.00 pm -4.00 pm. With the support of Job Developers, participants are assisted with their resume and interview preparation. We also offer a series of **Job Search Workshops** which can include: Surviving in your Next Job, Marketing and Selling Yourself, Electronic Job Search, Obtaining Job Leads, Resume 301 - Beyond the Basics. **The Café has computers available for use by participants.**

Intake sessions are held every Monday at 9:00 a.m. Pre-booking is required.



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